

Torfaen and
Blaenau Gwent



PHOENIX PROJECT-Brynmaur

Activity Timetable March 2020

Contact:

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Monday

Tuesday

Wednesday

Thursday

Friday

<p>2nd</p> <p>Anxiety Management 10:30-12:30 (Referrals Only)</p>	<p>3rd</p> <p>1-2-1 Appointment's Social Hub 10—2:30pm</p>	<p>4th</p> <p>1-2-1's am Tredegar & BMC Outreach</p>	<p>5th</p> <p>Social Hub 10am -2.30 pm Art Club 1pm-3pm</p>	<p>6th</p> <p>Anger Awareness 10:30-12:30 (Referrals Only)</p>
<p>9th</p> <p>Anxiety Management 10:30-12:30 (Referrals Only)</p>	<p>10th</p> <p>1-2-1 Appointment's Social Hub 10—2:30pm</p>	<p>11th</p> <p>1-2-1's am Tredegar pm</p>	<p>12th</p> <p>Social Hub 10am -2.30 pm Art Club 1pm-3pm</p>	<p>13th</p> <p>Anger Awareness 10:30-12:30 (Referrals Only)</p>
<p>16th</p> <p>Anxiety Management 10:30-12:30 (Referrals Only)</p>	<p>17th</p> <p>1-2-1 Appointment's Social Hub 10am—2.30</p>	<p>18th</p> <p>1-2-1's am Tredegar Outreach pm</p>	<p>19th</p> <p>Social Hub 10am -2.30 pm Art Club 1pm-3pm</p>	<p>20th</p> <p>Anger Awareness 10:30-12:30 (Referrals Only)</p>
<p>23th</p> <p>Anxiety Management 10:30-12:30 (Referrals Only)</p>	<p>24th</p> <p>1-2-1 Appointments Social Hub 10am—2.30</p>	<p>25th</p> <p>1-2-1's am Tredegar Outreach pm</p>	<p>26th</p> <p>Social Hub 10am -2.30 pm Art Club 1pm-3pm</p>	<p>27th</p> <p>Anger Awareness 10:30-12:30 (Referrals Only)</p>
<p>30th</p> <p>1-2-1 Appointments (Referrals Only)</p>	<p>31st</p> <p>1-2-1 Appointments Social Hub 10am—2.30</p>			